

**\*Milk served at breakfast and lunch every day is 1% unflavored Milk. substitutes 1% lactose free, or fat free 1% milk**

**\*All cereals are Oregon WIC approved.**

# APRIL 2026

## EARLY CHILDHOOD CENTER MENU

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

6)	B: Bagel, cream cheese, pears L: PBJ Uncrustable, Cheese Stick, Green Beans, Apple S: Graham cracker, Milk	7)	B: Kix's, Peaches L: Chicken Patty, Bun, Carrots, Apple S: cottage cheese, peaches	8)	B: Biscuits and Sausage gravy, Pears L: Beef Stroganoff, brown rice, Peas, pears S: Yogurt, Teddy Grahams	9)	B: Scramble Eggs, English muffin, cheese stick, apple L: Turkey & Cheese sandwich, Celery, peaches S: applesauce, Milk	10)	B: Kiks, Applesauce L: Spaghetti, Roll, Broccoli, sald S: Cheese Its, peanut butter, Milk
13)	B: Biscuits and Sausage gravy, Apples L: Cheese Pizza, Salad, Peaches S: Yogurt, Teddy Grahams	14)	B: Waffles, applesauce, L: Homemade Mac & Cheese, Peas, Roll, celery S: Animal Crackers, Milk	15)	B: Kix's, Peaches L: Bean Burrito, Lettice, Tomato, Apple S: Mini Corn Dogs, Milk	16)	B: Cheerios, Pineapple L: PBJ Uncrushable, Cheese stick, Green beans, carrots S: Goldfish Crackers, Milk	17)	B: Kiks, Applesauce L: Spaghetti, Roll, Broccoli, Dragon Fruit S: Cheese Its, Clery
20)	B: Kiks, Applesauce L: Spaghetti, Roll, Broccoli, Dragon Fruit S: Cheese Its, Clery	21)	B: Pancakes, Sausage links, Oranges L: Grilled Cheese Sandwich, Green Beans, applesauce S: Peaches, Cucumbers	22)	B: Cheerios, Peaches L: PBJ Uncrustables, Sting Cheese, carrots, banana S: Graham Cracker, Milk	23)	B: English Muffin, Applesauce L: hamburger patty, Bun, French Fries, Carrots S: Teddy Grahams, Pears	24)	B: Kiks, Applesauce L: Spaghetti, Roll, Broccoli, Dragon Fruit S: Cheese Its, Clery
27)	B: Cheese Quesadilla, Apple L: Homemade Mac & Cheese, Peas, Roll, peaches S: Applesauce, Carrots	28)	B: Oatmeal, Banana L: PBJ uncrustable, Cheese stick, Green beans, Pears S: Graham cracker, Milk	29)	B: Plain Cheerios, Applesauce L: Turkey and Cheese sandwich, Carrots, Banana S: Yellow Cheese slices, Pears	30)	<b>Parent/Teacher Conference No School</b>		

**Breakfast Portion Requirements:**

- Fruit = 1/2 cup
- Grain = .5 slice
- Milk = 8 oz

**Lunch Portion Requirements:**

- Protein = 1.5 oz more
- Fruit = 1/4 cup
- Vegetables = 1/4 cup
- Grain = .5 slice

**Snack Portion Requirements (2 components):**

- Milk = 8 oz
- Protein = .5 oz
- Vegetables = 1/2 cup
- Fruit = 1/2 cup
- Grain = 1/2 oz

Harney ESD is an equal opportunity provider.